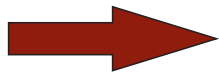


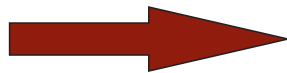
# Waste Minimisation

Most preferable



The waste hierarchy is a simple guide which helps us reduce our ecological footprint.

Least preferable



**REDUCE** - Never buy more than you need! The average NSW household will throw out over \$1,000 of food alone this year. By reducing what you buy, you're not only saving the environment but your wallet too!

**REUSE** - What could I make this into? Before throwing something in the bin! Think of all the uses for that wonderful item in your hand. It could be your new cup, pencil holder, toothbrush holder!

**RECYCLE** - Can this item be recycled into something else? Can be made into something new! And for those leftover food scraps, put them into your compost bin which you can later use on your veggie garden. It's all about closing the loop!

As a society, we have developed a 'throw it away' attitude. We buy things we don't need, we throw things away without thinking and we don't think twice about it. More than ever, we need to make a change. When it comes to waste, following the waste hierarchy helps us to do our bit. Reducing will make the biggest change, whereas disposing should be our last option.

For More  
Information Contact  
Dungog Waste Services  
**1300 343 507**



# What is Landfilled is Lost Forever



Whatever you **dispose** of in the red lid bin will end up in landfill, where it is buried forever. Landfills have many negative impacts on the environment, including land and groundwater pollution and greenhouse gas emissions. Try to make it the last option for your waste by looking at the possibilities and being creative.

Every **TONNE** of waste we divert from landfill saves

- 0.6 tonnes of CO<sub>2</sub>
- 10.23 gigajoules of energy
- 16.48 kilolitres of water
- 6.51 m<sup>3</sup> of landfill

## How Do I Reduce My Waste?

Make a list of all the things you throw in the red lid bin each day

MON \_\_\_\_\_  
TUE \_\_\_\_\_  
WED \_\_\_\_\_  
THUR \_\_\_\_\_  
FRI \_\_\_\_\_  
SAT \_\_\_\_\_  
SUN \_\_\_\_\_

Is there a common item or a theme - do you buy your lunch every day, or a coffee in the morning?  
Do you regularly buy takeaway on a certain night?

Now, lets think about how we can make some changes to **REDUCE**, **REUSE** and **RECYCLE** those items.

**REDUCE** - eg. buy a keep cup to have in your office or car, buy a tote bag for your handbag

\_\_\_\_\_  
\_\_\_\_\_

**REUSE** - eg. reuse the takeaway containers to grow seedlings

\_\_\_\_\_  
\_\_\_\_\_

**RECYCLE** - eg. when shopping, opt for hard plastic trays that can be recycled rather than soft foam

\_\_\_\_\_  
\_\_\_\_\_